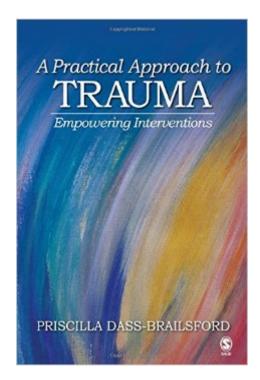
The book was found

A Practical Approach To Trauma: Empowering Interventions





Synopsis

A Practical Approach to Trauma: Empowering Interventions provides trauma counselors with effective guidelines that enhance skills and improve expertise in conducting empowering therapeutic interventions. Taking a practitioner's perspective, author Priscilla Dass-Brailsford focuses on practical application and skill building in an effort to understand the impact of extreme stress and violence on the human psyche. provides trauma counselors with effective guidelines that enhance skills and improve expertise in conducting empowering therapeutic interventions. Taking a practitioner's perspective, author Priscilla Dass-Brailsford focuses on practical application and skill building in an effort focuses on the human psyche. Provides trauma counselors with effective guidelines that enhance skills and improve expertise in conducting empowering therapeutic interventions. Taking a practitioner's perspective, author Priscilla Dass-Brailsford focuses on practical application and skill building in an effort to understand the impact of extreme stress and violence on the human psyche.

Book Information

Paperback: 384 pages Publisher: SAGE Publications, Inc; 1 edition (February 14, 2007) Language: English ISBN-10: 1412916380 ISBN-13: 978-1412916387 Product Dimensions: 6.1 × 0.8 × 8.9 inches Shipping Weight: 14.4 ounces (View shipping rates and policies) Average Customer Review: 3.8 out of 5 stars Â See all reviews (6 customer reviews) Best Sellers Rank: #593,890 in Books (See Top 100 in Books) #529 in Books > Health, Fitness & Dieting > Mental Health > Post-traumatic Stress Disorder #653 in Books > Politics & Social Sciences > Politics & Government > Public Affairs & Policy > Social Policy #1089 in Books > Textbooks > Social Sciences > Psychology > Clinical Psychology

Customer Reviews

Dr. Priscilla Dass-Brailsford's book is bound to be as much a classic and must-have book as Judith Herman's work on trauma. A Practical Approach to Trauma: Empowering Interventions not only addresses a diverse array of trauma incidents, it also weaves multicultural perspectives throughout.
Dr. Dass-Brailsford's writing style is enjoyable to read and her empowering perspective is inspiring.
A must-have book for everyone working in counseling and psychotherapy fields.

It is always important to read the table of contents to determine what you are looking for as you consider if this is the best book for your needs. If you are looking for specific in in-depth information about "how" to do interventions or "how" to do trauma related assessments, then this particular book

does not contain this information. The assessment chapter is more so a general overview, and the interventions chapter again is more of an overview. Keep in mind as well that this book pre-dates the DSM V so of course changes have been made to criteria for PTSD.Lastly, in my opinion the author made an "attempt" at trying to discuss "history" in Chapter One but even the best non-historian cannot do history justice in just one short paragraph. It is important to note, for example, that slavery was not just an "American" issue, it was a world issue and widely accepted which is an important part of understanding the history of the Trans-Atlantic slave trade. My hope is that if the author updates her text that she considers either expanding the historical section in Chapter One and seeking assistance from a historian to help her provide more information from a historical perspective (versus an opinion perspective) or reviews and adds to the information she does have. This honestly is a difficult thing to tackle especially in only one chapter.

Fantastic book. I use it for my graduate level Trauma class. Great information for beginning therapists and even some things to learn for those of us who have been doing it for a while.

A Practical Approach to Trauma: Empowering Interventions Treatment Plans and Interventions for Insomnia: A Case Formulation Approach (Treatment Plans and Interventions for Evidence-Based Psychot) Nurse's Pocket Guide: Diagnoses, Prioritized Interventions and Rationales (Nurse's Pocket Guide: Diagnoses, Interventions & Rationales) Empowering Children throught Art and Expression: Culturally Sensitive Ways of Healing Trauma and Grief Handbook of Dental Trauma: A Practical Guide to the Treatment of Trauma to the Teeth 101 Trauma-Informed Interventions: Activities, Exercises and Assignments to Move the Client and Therapy Forward An Empowering Approach to Managing Social Service Organizations How To Stop Enabling Your Adult Children: Practical steps to use boundaries and get your power back as you stop enabling (Empowering Change Book 1) How To Stop Enabling Your Adult Children: Practical steps to use boundaries and get your power back as you stop enabling (Empowering Change) (Volume 1) The Body Remembers Continuing Education Test: The Psychophysiology of Trauma & Trauma Treatment (Norton Professional Book) Healing Developmental Trauma: How Early Trauma Affects Self-Regulation, Self-Image, and the Capacity for Relationship Complex PTSD and Developmental Trauma Disorder: How Childhood and Relationship Trauma Can Cause Anxiety and Depression in Adults (Transcend Mediocrity, Book 126) The Body Remembers: The Psychophysiology of Trauma and Trauma Treatment (Norton Professional Book) Trauma-Attachment Tangle: Modifying EMDR to Help Children Resolve Trauma and Develop Loving Relationships Child Trauma Handbook: A Guide for

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